



Surgical Repairs for Inguinal and Femoral Hernias

Tension-Free Hernia Repair

This traditional surgical hernia repair is the most common procedure to correct a hernia, and the most involved surgery. It can be performed under general or local anesthesia with sedation. The procedure involves placing a synthetic mesh over the defective muscle for support. Full recovery can take 4-6 weeks.

Minimally Invasive Hernia Repair

This laparoscopic procedure is performed under general anesthesia. The surgeon gains access to the hernia via multiple small incisions in the abdomen, inflates the work area with carbon dioxide, creates a surgical workspace using a surgical balloon, and completes a Tension Free Hernia Repair using laparoscopic instruments. This method has a less painful and shorter recovery of about one week on average.

Prolene Hernia System (PHS) and UltraPro Hernia System (UHS)

This innovative hernia repair surgery utilizes a 2-patch system to create a stronger repair over the defective muscle. This procedure is performed under general or local anesthesia as an outpatient.

Your surgeon can discuss the surgical option that will be most effective for you after your consultation.